



Keystone Youth Football & Cheerleading League

Football Coaches' Clinic June 23, 2012 Scotland Community Center

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| 1. Nutrition in Youth Sports Isabel Maples, Registered Dietitian Mid-Atlantic Dairy Association | 9:00 a.m. |
| 2. Heads Up Concussion in Youth Sports Training Video from Center for Disease Control | 10:00 a.m. |
| Break | |
| 3. Discussion of Changes in SMURF rules and JV Kicking Game | 10:45 a.m. |
| 4. PIAA Officials Changes of Rules; Horse Collar; Side Line Issues; Q&As | 11:15 a.m. |
| Lunch | 12 noon |
| 5. Clarification of Policies and Procedures and Adjourn | 1:00 p.m. |